



ROGERS CITY ELEMENTARY SCHOOL – MARCH 2021 MENU

MONDAY

Breakfast: *Breakfast Round, String Cheese, Diced Pears & Choice of Milk **1**

Lunch: *Stuffed Crust Pizza, Mixed Greens, Orange Smiles & Choice of Milk (Ranch Cup)

Breakfast: *Cereal Kit & Choice of Milk **8**

Lunch: *Mac & Cheese, Garlic Bread, Broccoli, Orange Smiles & Choice of Milk

Breakfast: *Honey Graham Crackers, Yogurt, Fresh Pear & Choice of Milk **15**

Lunch: *Cheese Pizza, Baby Carrots, Watermelon Applesauce, & Choice of Milk (Ranch Cup)

Breakfast: *Cocoa Bread, Yogurt, Diced Peaches & Choice of Milk **22**

Lunch: *Hamburger/ Cheeseburger on a Bun, Oven Baked Fries, Cinnamon Apple Slices & Choice of Milk (Ketchup & Mayo)

TUESDAY

Breakfast: *Cinnamon Graham Crackers, Yogurt, Pineapple Cup & Choice of Milk **2**

Lunch: *Ham & Cheese Calzone, Baby Carrots, Diced Peaches & Choice of Milk (Ranch Cup)

Breakfast: *Apple Cinnamon Muffin, Cheese Cube, Mandarin Oranges & Choice of Milk **9**

Lunch: *BBQ Chicken Drumstick, Corn, Dinner Roll, Craisins & Choice Of Milk

Breakfast: *Blueberry Muffin, String Cheese, Fresh Fruit & Choice of Milk **16**

Lunch: *Beef & Cheese Quesadilla, Shredded Lettuce, Salsa Cup, Mixed Fruit & Choice of Milk

Breakfast: *Strawberry Poptart, Cheese Cubes, Sausage Links, Apple & Choice of Milk **23**

Lunch: *Chicken Fajita's, Tortilla Chips, Salsa Cup, Cherry Tomatoes, Pear & Choice of Milk

WEDNESDAY


Breakfast: *Frosted Flakes, Cheese Cubes, Mandarin Oranges & Choice of Milk **3**

Lunch: *Mini Corn Dogs, Baked Cheetos, Pineapple Tidbits & Choice of Milk (Ketchup & Mustard)

Breakfast: *Chocolate Chip Oatmeal Bar, Yogurt, Fresh Fruit & Choice of Milk **10**

Lunch: *Pizza Casserole, Garlic Toast, Sliced Pears & Choice of Milk

Breakfast: *Cinnamon Toast Crunch, Cheese Cubes, Pineapple Tidbits & Choice of Milk **17**

Lunch: *Boneless Chicken Bites, Oven Baked Fries, Diced Peaches & Choice of Milk 

Breakfast: *Cocoa Puffs, String Cheese, Pear & Choice of Milk **24**

Lunch: *Pepperoni Pizza, Mixed Greens, Apple Slices & Choice of Milk (Ranch Cup)

THURSDAY

Breakfast: *Trix Cereal Bar, String Cheese, Applesauce Cup & Choice of Milk **4**

Lunch: *Turkey Lunchable, Carrot Sticks, Cinnamon Apple Slices & Choice of Milk (Ranch Cup)

Breakfast: *Blueberry Breakfast Bar, String Cheese, Raisins & Choice of Milk **11**

Lunch: *Chicken Patty on a Bun, Cheese Puffs, Diced Peaches & Choice of Milk

Breakfast: *Honey & Oat Bar, Yogurt, Mandarin Oranges & Choice of Milk **18**

Lunch: *PB&J, String Cheese, Broccoli, Goldfish Crackers, Craisins & Choice of Milk

Breakfast: *Nature Valley Bar, Gogurt, Pineapple Tidbits & Choice of Milk **25**

Lunch: *Cheese Stuffed Pretzel, Yogurt, Sliced Strawberries & Choice of Milk

FRIDAY

Breakfast: *Glazed Donut, Yogurt, Fresh Fruit & Choice of Milk **5**

Lunch: *French Toast Bites, Sausage Link, Hash Brown, Diced Pears & Choice of Milk (Syrup Cup)

Breakfast: *Banana Bread, Yogurt, Applesauce Cup & Choice of Milk **12**

Lunch: *Mini Waffles, Scrambled Eggs, Hash Browns, Pear & Choice of Milk (Syrup)

19

No School — Teacher In-Service

Breakfast: *Cereal Kit, Apple Juice & Choice of Milk **26**

Lunch: *French Toast, Scrambled Eggs, Hash Browns, Mixed Fruit & Choice of Milk

ALL STUDENT MEALS ARE FREE! 

* = Whole Grain

* The menu is subject to change without notice.

* If your student has food allergies, please contact Jenna as soon as possible.

* Prices:

Milk: \$.50
Adult Breakfast: \$2.50
Adult Lunch: \$4.00

 Jenna Vekaryasz,
Food Service Supervisor
(989)734-9164
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NO SCHOOL
Spring Break



well hello,
march



ROGERS CITY HIGH SCHOOL – MARCH 2021 MENU

MONDAY

Breakfast: *Breakfast Pizza, String Cheese, Diced Pears & Choice of Milk **1**

Lunch: *Stuffed Crust Pizza, Mixed Greens, Orange Smiles & Choice of Milk (Ranch Cup)

Breakfast: *Sausage Egg & Cheese Muffin, Mixed Fruit Cup & Choice of Milk **8**

Lunch: *Chicken Caesar Sandwich on a Pretzel Bun, Onion Rings, Tropical Fruit & Choice of Milk

Breakfast: *Bagel with Cream Cheese, Yogurt, Fresh Pear & Choice of Milk **15**

Lunch: *Chicken Club on a Toasted Bun, Baby Carrots, Watermelon Applesauce & Choice of Milk (Ranch Cup)

Breakfast: * Cocoa Bread, Yogurt, Diced Peaches & Choice of Milk **22**

Lunch: *Hamburger/ Cheeseburger on a Bun, Oven Baked Fries, Cinnamon Apple Slices & Choice of Milk (Ketchup & Mustard)

TUESDAY

Breakfast: *French Toast Bites, Sausage Links, Pineapple Cup & Choice of Milk **2**

Lunch: *Ham & Cheese Calzone, Baby Carrots, Diced Peaches & Choice of Milk (Ranch Cup)

Breakfast: *Scrambled Eggs, Toast & Butter, Mandarin Oranges & Choice of Milk **9**

Lunch: *BBQ Chicken Drumstick, Corn, Dinner Roll, Craisins & Choice Of Milk

Breakfast: *Blueberry Muffin, String Cheese, Fresh Fruit & Choice of Milk **16**

Lunch: *Beef & Cheese Quesadilla, Shredded Lettuce, Salsa Cup, Mixed Fruit & Choice of Milk

Breakfast: *Apple/ Cinnamon Texas Toast, Sausage Links, Apple & Choice of Milk **23**

Lunch: *Chicken Fajita's, Tortilla Chips, Salsa Cup, Cherry Tomatoes, Pear & Choice of Milk

WEDNESDAY

Breakfast: *Pancake-on-a-Stick, Mandarin Oranges & Choice of Milk **3**

Lunch: *Mini Corn Dogs, Baked Cheetos, Pineapple Tidbits & Choice of Milk (Ketchup & Mustard)

Breakfast: *Belgian Waffles, String Cheese, Fresh Fruit & Choice of Milk **10**

Lunch: *Pizza Casserole, Garlic Toast, Sliced Pears & Choice of Milk

Breakfast: *Apple or Cherry Frudel, Cheese Cubes, Pineapple Tidbits & Choice of Milk **17**

Lunch: *Buffalo Chicken Wrap, Pretzels, Cherry Tomatoes, Diced Peaches & Choice of Milk (Ranch Cup)

Breakfast: *Mini Pancakes, Cheese Omelet, Applesauce Cup & Choice of Milk **24**

Lunch: *Pizza Sub, Mixed Greens, Orange & Choice of Milk (Ranch Cup)

THURSDAY

Breakfast: *Breakfast Tornado, Applesauce Cup & Choice of Milk **4**

Lunch: *Philly Steak & Cheese Grinder, *Onion Rings, Cinnamon Apple Slices & Choice of Milk

Breakfast: *Yogurt Parfait, Cinnamon Graham Crackers & Choice of Milk **11**

Lunch: *Italian Grinder, Cheese Puffs, Diced Peaches & Choice of Milk

Breakfast: *Sausage/ Cheese Biscuit, Mandarin Oranges & Choice of Milk **18**

Lunch: *Pizza Stuffed Soft Pretzels, Yogurt, Orange Smiles & Choice of Milk

Breakfast: *Breakfast Tornado, Diced Peaches & Choice of Milk **25**

Lunch: *Turkey Melt, Cheez-It's, Broccoli, Diced Peaches, & Choice of Milk (Mustard or Mayo)

FRIDAY

Breakfast: *Iced Donut, Yogurt, Fresh Fruit & Choice of Milk **5**

Lunch: *Fish Sandwich, Potato Puffs, Diced Pears & Choice of Milk (Tartar Sauce)

Breakfast: *Banana Bread, Yogurt, Applesauce Cup & Choice of Milk **12**

Lunch: *Cheese Pizza, Mixed Greens, Cinnamon Apple Slices & Choice of Milk (Ranch Cup)

19

No School — Teacher In-Service

Breakfast: *Breakfast Pizza, Cheese Cubes, Fresh Fruit & Choice of Milk **26**

Lunch: *Loaded Baked Potato (Broccoli, Bacon, Cheddar Cheese), Dinner Roll, Pineapple Tidbits & Choice of Milk

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NO SCHOOL
Spring Break

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